

# GOURMAND AWARDS 2013 – CANADA ENGLISH

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*The next Gourmand World Cookbook Awards ceremonies for the “Best in the World” will take place in China during the Beijing Cookbook Fair, 19-21 May, 2014, with the support of the City of Beijing and its southern Daxing District.*

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## 1 – BEST AUTHORS AND CHEFS

### Woman chef

*At home with Lynn Crawford* - Lynn Crawford - Penguin

### TV - English

*Chuck's Day Off* - Chuck Hughes - Harper Collins

### First cookbook

*Kitchen Cures* - Peggy Kotsopoulos - Penguin

## 2 – PUBLISHERS

### Best cookbook of the year

*Toqué!* - Normand Laprise, Photos: Dominique Malaterre - Editions du Passage

### Translation

*Soupesoup* - Caroline Dumas - Photo: Dominique Lafond - Translation: Jessica Echenberg - Harper Collins

## 3 – WORLD CUISINE

### Local cuisine

*The Butcher, the baker, the wine and cheese maker, An Okanagan cookbook* - Jennifer Schell - Jennifer Schell

### Italian cuisine

*In the Kitchen with Stefano Faita* - Stefano Faita - Photo: Leila Ashtari – Penguin

### Mediterranean cuisine

*Three Sisters, Back to the beginning - Timeless, Greek recipes made simple* - Betty, Eleni and Samantha Bakopoulos - Photo: Eleni Bakopoulos - Adelfes

### Japanese cuisine

*Let's cooking - Japanese cooking at home, vol. 1* - Hana Etsuko Dethlefsen, Photo: Robert Shaer, Design: Chris Von Szombathy - Let's cooking

### Street Food

*Eat Street* - James Cunningham, Photo: Ryan Szulc – Pintail Penguin

## 4 – LIFESTYLE, BODY AND SOUL

### Sustainable food

*Should we eat meat? Evolution and consequences of modern carnivory* - Dr. Vaclav Smil - Wiley Blackwell

### Health & nutrition

*Undiet* - Meghan Telpner, Photo: Catherine Carquharson - McClelland Stewart Doubleday

### Children

*100 Best decorated cookies* - Julie Anne Hession - Robert Rose

### Food writing

*Toronto Star Cookbook* - Jennifer Bain, Photo: Ryan Szulc, Food Sylist: Noah Wotinoff - Random House Canada

### Culinary history

*Decades of Decadence* - Rebecca Klemke, Lois O'Connor - Friesen Press

### Culinary travel

*Eat Play Love, Regionally inspired cuisine* - Rocky Mountaineer - Rocky Mountaineer

## 5 – SUBJECTS

### Easy recipes

*Back to basics* - Michael Smith - Penguin

### Pastry & sweets

*Butter baked goods* - Rosie Daykin - Photo: Janis Nicolay – Appetite – Random House Canada

### Barbecue

*Gastro Grilling* - Ted Reader, Photo: Mike McColl - Penguin

### Fish & seafood

*Sea Salt - Recipes from the west coast galley* - Alison Eathorne Malone, Hilary Malone, Lorna Malone - Harbour Publishing

### Vegetarian

*The Complete Leafy Greens Cookbook* - Susan Sampson - Robert Rose

### Chocolate

*The Complete Chocolate Book, The Canadian living* - Transcontinental

## 6 – CHARITY AND FUND RAISING

*The Salmon Recipes - Recipes of our endangered North Coast cuisine* - Prince Rupert Environmental Society

## WINE, SPIRITS & DRINKS

## 1 – THE WORLD OF WINE

### New world wine

*Southern Exposure* - Gary May, Photo: Gary May, Ethan Meleg, Christine Chartrand - Pelee Island Winery

## 2 – DRINKS

### Cocktails

*The Bar Chef. A Modern Approach to Cocktails* - Frankie Solarik with Stephanie Verge, Photos: Leanne Neufeld, Foreword: Grant Achatz - Harper Collins

### Food & drinks

*The Flavour Principle. Enticing your Senses With Food and Drink* - Lucy Waverman, Beppi Crosariol, Photos : Ryan Szulc - Harper Collins

### Beer

*Craft Beer Revolution* - Joe Wiebe - Douglas and McIntyre

## 3 – LIFESTYLE

### Wine history

*Intoxicating Manchuria* - Norman Smith - University of British Columbia

### Wine and health

*Try to Control Yourself* - Dan Malleck - University of British Columbia

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